

This activity is NOT school or district sponsored. Bloomington Public Schools accepts NO responsibility for this program or activity.

CHEER AMERICA

A MINNESOTA NON-PROFIT CORPORATION

Presents: *Cheerleading and Pom Pom Classes!*

HELD AT:

OAK GROVE MIDDLE SCHOOL - GYM B

1300 West 106th Street, Bloomington, MN.



CHEER AMERICA (a Minnesota Non-profit Corporation)

is an exciting cheerleading and dance program for children ages 4 and older. This fun course will teach students popular cheers, chants, choreographed pom/dance routines, jumps, leaps, splits, parade marching techniques, and many other skills required for school cheerleading tryouts. This program also promotes physical fitness, personal esteem, working with others, and respect for authority. A group recital is performed the last day of class, and each student receives participation medals and awards! There are optional state and national competition events for those students who wish to compete! We are proud members of the MINNESOTA COMMUNITY EDUCATION ASSOCIATION.

Please visit us at www.cheer-america-minnesota.com, or call us at 952-997-7732 for more information.

*******REGISTRATION DAY*******

TUESDAY, JUNE 6, 2017
from 7:30 – 8:30 P.M. at the
Oak Grove Middle School
1300 West 106th Street
Bloomington, MN.
(Registration Fee: \$5)

*******FIRST CLASS DAY*******

Tuesday, June 13, 2017
6:30-7:15 PM

CLASSES MEET EVERY TUESDAY for 12 WEEKS
(Weekly Class Fee: \$7)



YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE

(A MINNESOTA NON-PROFIT CORPORATION dedicated to child victim prevention.)

Presents:

CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

Registration and First Class HELD AT:

OAK GROVE ELEMENTARY SCHOOL

1301 West 104th Street Bloomington, MN.

We are pleased to offer a program for young people designed for SELF-DEFENSE and SAFETY AWARENESS ONLY! Instructors are certified Black Belts trained in Run, Yell, Tell and Stranger Danger Curricula. For students ages 4 and older. New students earn the certified Yellow Belt; ranking students earn advanced belts. **FOR FURTHER INFORMATION, please call Young Americans at 952-997-7732.** Also, please visit us at www.youngamericans-mn.com.

THIS PROGRAM PROMOTES:

- *SELF CONFIDENCE
- *PHYSICAL FITNESS
- *IMPROVED ACADEMIC PERFORMANCE

STUDENTS ARE INSTRUCTED IN:

- *SELF-DEFENSE
- *VERBAL INTERVENTIONS
- *PHYSICAL TECHNIQUES

There is a \$5 registration fee to enroll in this program. The weekly class fee is \$7. The REGISTRATION will be held on THURSDAY, JUNE 1, 2017, from 6:00 PM – 7:30 PM. The first class will be held on Thursday, June 8, from 6:00-6:45 PM (beginners) and from 7:00-7:45 p.m. (intermediate and advanced students). **BEGINNING THURSDAY, June 15, and for the rest of the summer, the classes will held at Oak Grove Middle School – Gym – B. Classes are held each **THURSDAY** for 10 weeks.**

(Master Brian St. George is the Head Instructor of this class.)

