

The classes listed below are not sponsored or endorsed by Anoka-Hennepin District # 11. This flyer is not printed at District #11 expense.

CHEER AMERICA and Champlin Parks & Recreation

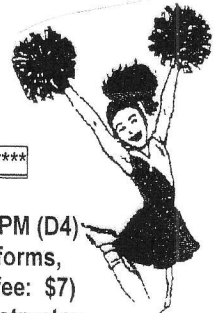
Presents: *Cheerleading and Pom Pom Classes!*

HELD AT:

ICE FORUM at CHAMPLIN, 12165 ENSIGN AVE., CHAMPLIN, MN.

CHEER AMERICA (a Minnesota Non-profit Corporation)

is an exciting cheerleading and dance program for children ages 4 and older. This fun course will teach students popular cheers, dance routines, competition skills jumps, leaps, splits, parade marching, and many other aspects of cheerleading performance. This program also promotes physical fitness, personal esteem, working with others, and respect for authority. A group recital is performed the last day of class, and each student receives participation medals and awards!



*******REGISTRATION DAY*******

MONDAY, JUNE 5, 2017
from 6:00 – 7:30 P.M. at the
Ice Forum at Champlin
12165 Ensign Ave.
Champlin, MN.
(Registration Fee: \$5)

*******FIRST CLASS DAY*******

Monday, June 12, 2017

6:00-6:45 PM ages 4-7 (D1); 6:45-7:30 PM (D2/3); 7:30-8:15 PM (D4)

Class times are assigned at registration. Classes meet every MONDAY night for 10 weeks. Poms, uniforms, and other items are optional, and may be purchased by cash, check, or money order. (Weekly class fee: \$7) We are proud members of the Minnesota Community Education Association. Coach Debbie Huybers, Instructor Please visit us at www.cheer-america-minnesota.com.

For Further Information: PLEASE CALL CHEER AMERICA at 952-997-7732.

YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE

(A MINNESOTA NON-PROFIT CORPORATION dedicated to child victim prevention.)

Presents:

CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

Registration and Classes HELD AT:

ICE FORUM at CHAMPLIN

12165 Ensign Avenue Champlin, MN.

We are pleased to offer a program for young people designed for SELF-DEFENSE and SAFETY AWARENESS ONLY! Instructors are certified Black Belts trained in Run, Yell, Tell and Stranger Danger Curricula. For students ages 4 and older. New students earn the certified Yellow Belt; ranking students earn advanced belts. **FOR FURTHER INFORMATION, please call Young Americans at 952-997-7732.**

THIS PROGRAM PROMOTES:

- *SELF CONFIDENCE
- *PHYSICAL FITNESS
- *IMPROVED ACADEMIC PERFORMANCE
- *RESPONSIBLE CITIZENSHIP

STUDENTS ARE INSTRUCTED IN:

- *SELF-DEFENSE
- *VERBAL INTERVENTIONS
- *PHYSICAL TECHNIQUES
- *GET FREE FROM ABDUCTION

There is a \$5 registration fee to enroll in this program. The weekly class fee is \$7. The REGISTRATION will be held on TUESDAY, June 6, 2017, from 6:00 PM – 7:30 PM. The first class will be held on Tuesday, June 13, from 6:00-6:45 PM (beginners), 7:00-7:45 PM (intermediate), and 7:45-8:30 PM (advanced). Classes are held each TUESDAY for 12 weeks. Master Jeff Wood is the head instructor of this class. Please come see us at our class or you may also visit us at

www.youngamericans-mn.com. THIS FLYER HAS BEEN PREPARED BY and PAID FOR BY CHEER AMERICA and the YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE.

