
Young Americans Schools of Self-Defense
(A Minnesota Non-Profit Corporation)

Presents:
CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

Registration and Classes HELD AT:
LINCOLN ELEMENTARY SCHOOL CAFETERIA
600 School St. Elk River, MN.



We are pleased to offer a program for young people designed for SELF-DEFENSE and SAFETY AWARENESS ONLY! Instructors are certified Black Belts trained in Run, Yell, Tell and Stranger Danger Curricula. For students ages 4 and older. New students earn the certified Yellow Belt; ranking students earn advanced belts. FOR FURTHER INFORMATION, please call Young Americans at 952-997-7732.

THIS PROGRAM PROMOTES:

- *SAFETY AWARENESS
- *PHYSICAL FITNESS
- *IMPROVED ACADEMIC PERFORMANCE
- *RESPONSIBLE CITIZENSHIP

STUDENTS ARE INSTRUCTED IN:

- *SELF-DEFENSE
- *VERBAL INTERVENTIONS
- *PHYSICAL TECHNIQUES
- *GET FREE FROM ABDUCTION



There is a \$5 registration fee to enroll in this program. The weekly class fee is \$7. The REGISTRATION will be held on TUESDAY, FEBRUARY 7, 2017, from 5:00 PM - 6:00 PM. The first class will be held on Tuesday, February 14 from 5:00-5:45 PM. Classes are held each **TUESDAY for 12 weeks. **Master Keith Drake is the head instructor of this class.****

Please come see us at anytime at this class or you may also visit us at www.youngamericans-mn.com.
