

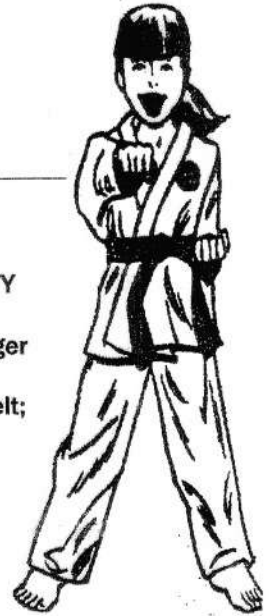
**FARMINGTON COMMUNITY EDUCATION
and YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE**

Presents:
CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

Registration and Classes HELD AT:
LEVI P. DODGE MIDDLE SCHOOL WRESTLING ROOM
4200 208TH St. W. Farmington, MN.



We are pleased to offer a program for young people designed for SELF-DEFENSE and SAFETY AWARENESS ONLY! Instructors are certified Black Belts trained in Run, Yell, Tell and Stranger Danger Curricula. For students ages 4 and older. New students earn the certified Yellow Belt; ranking students earn advanced belts.



THIS PROGRAM PROMOTES:

- *SELF CONFIDENCE
- *SAFETY AWARENESS
- *PHYSICAL FITNESS
- *IMPROVED ACADEMIC PERFORMANCE
- *RESPONSIBLE CITIZENSHIP

STUDENTS ARE INSTRUCTED IN:

- *SELF-DEFENSE
- *EMERGENCY NOTIFICATIONS
- *VERBAL INTERVENTIONS
- *PHYSICAL TECHNIQUES
- *GET FREE FROM ABDUCTION

There is a \$84 registration fee to enroll in this 12 week program. TO ENROLL GO ONLINE TO www.farmingtonce.com, or call 651-460-3200.

The FIRST CLASS will be held on SATURDAY, FEBRAURY 4, 2017, from 1:00 – 2:00 PM. Classes are held each SATURDAY for 12 weeks.

Master Jeff Wood is the head instructor of this class.) YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE IS A MINNESOTA NON-PROFIT CORPORATION DEDICATED TO CHILD VICTIM PREVENTION. This flyer is prepared by, printed by and paid for by YOUNG AMERICANS. Please come see us at anytime at this class or you may also visit us at www.youngamericans-mn.com.