

The Minneapolis Public Schools is legally unable to and cannot sponsor, endorse, or recommend the activities announced in this flyer.

MINNEAPOLIS PARK & REC. BOARD

And CHEER AMERICA

Presents: Cheerleading and Pom Pom Classes!

HELD AT:

LOGAN RECREATION CENTER, 690 13th AVENUE N.E., MINNEAPOLIS, MN.



CHEER AMERICA (a Minnesota Non-profit Corporation)

is an exciting cheerleading and dance program for children ages 4 and older. This fun course will teach students popular cheers, chants, dance routines, competition skills, jumps, leaps, splits, parade marching techniques, and many other skills required for school cheerleading tryouts. This program also promotes physical fitness, personal esteem, working with others, and respect for authority. A group recital is performed the last day of class, and each student receives participation medals and awards! CHEER AMERICA IS A PROUD MEMBER of the MINNESOTA COMMUNITY EDUCATION ASSOCIATION.

Please visit us at www.cheer-america-minnesota.com



****REGISTRATION DAY****

MONDAY, JUNE 5, 2017
from 6:00 – 7:00 P.M. at the
Logan Recreation Center
690 13th Avenue N.E.
Minneapolis, MN.
(Registration Fee: \$5)

****FIRST CLASS DAY****

Monday, JUNE 12, 2017
6:00-6:45 PM
CLASSES MEET EVERY MONDAY FOR 10 WEEKS
At Logan Recreation Center
(Weekly Class Fee: \$7)



For Further Information: PLEASE CALL CHEER AMERICA at 952-997-7732. A student may participate regardless of ability to pay. This flyer has been prepared by, printed by and paid for by Cheer America.

MINNEAPOLIS PARK & REC. BOARD

and YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE

Presents:

CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

Registration and Classes HELD AT:

LOGAN RECREATION CENTER

690 13TH Avenue N.E. Minneapolis, MN.



We are pleased to offer a program for young people designed for SELF-DEFENSE and SAFETY AWARENESS ONLY! Instructors are certified Black Belts trained in Run, Yell, Tell and Stranger Danger Curricula. For students ages 4 and older. New students earn the certified Yellow Belt; ranking students earn advanced belts. **FOR FURTHER INFORMATION, please call Young Americans at 952-997-7732.** A student may participate regardless of ability to pay (Master Shawn Morris is the head instructor for this class.)

THIS PROGRAM PROMOTES:

- *SELF CONFIDENCE
- *SAFETY AWARENESS
- *PHYSICAL FITNESS

STUDENTS ARE INSTRUCTED IN:

- *PROTECTION FROM BULLIES
- *GET FREE FROM ABDUCTION
- *VERBAL INTERVENTIONS

There is a \$5 registration fee to enroll in this program. The weekly class fee is \$7. The REGISTRATION will be held on **TUESDAY, JUNE 6, 2017, from 6:00 PM – 7:30 PM. The first class will be held on Tuesday, June 13, from 6:00-6:45 PM (beginners), and 7:00-7:45 PM (intermediate/advanced students). Classes are held each **TUESDAYS** for 10 weeks.**

This flyer is prepared by, printed by and paid for by YOUNG AMERICANS. Please visit us at www.youngamericans-mn.com.

