

CHEER AMERICA

A Minnesota Non-Profit Corporation

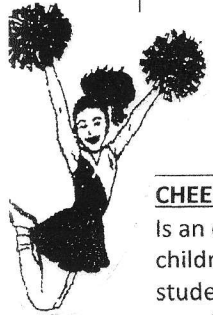
Presents: Cheerleading and Pom Pom Classes

REGISTRATION AND CLASSES HELD AT:

McKinley Education Center 216 8th Avenue North Waite Park, MN.

CHEER AMERICA (A Minnesota Non-Profit Corporation)

Is an exciting cheerleading and dance program for children ages 4 and older. This fun course will teach students popular cheers, chants, dance routines, parade marching techniques, and competition and performance skills. This program also promotes physical fitness, personal esteem, working with others, and respect for authority. A group recital is performed the last night of class and each student receives medals and awards!!!
CHEER AMERICA IS A PROUD MEMBER OF THE MINNESOTA COMMUNITY EDUCATION ASSOCIATION.



+++ REGISTRATION DAY+++

**THURSDAY, JUNE 1, 2017
from 6:00-7:00pm**

McKinley Education Center
216 8th Avenue North
Waite Park, MN.
(Registration Fee: \$5)

FIRST CLASS DAY

Thursday, June 8, 2017
6:00-6:45pm at McKinley Ed. Center

CLASSES MEET EVERY THURSDAY FOR 10 WEEKS
(Weekly class fee : \$7 – pay as you go)

For further information: please call us at 952-997-7772, or visit us at www.cheer-america-minnesota.com. We have a reduced fee scholarship program for students on public assistance. This flyer paid for by Cheer America.

YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE

A Minnesota Non-Profit Corporation

Presents: Children's Self-Defense and Safety Awareness Class

REGISTRATION AND CLASSES HELD AT:

McKinley Education Center 216 8th Avenue North Waite Park, MN.

We are pleased to offer a program for young people designed for SELF-DEFENSE and SAFETY AWARENESS ONLY! Instructors are certified Black Belt martial artists trained in Run, Yell, Tell, and Stranger Danger curricula. This classes are for students ages 4 and older. At the conclusion of the semester, new students qualify for the certified Yellow belt and the ranking students earn advanced belts. We also have a reduced fee scholarship program for students on public assistance. Master Keith Drake is the head instructor of this class. For more information, please call us at 952-997-7732, or visit us at www.youngamericans-mn.com

THIS PROGRAM PROMOTES:

- Self confidence
- Physical fitness
- Improved academic performance
- Responsible citizenship
- Respect for authority

STUDENTS ARE INSTRUCTED IN:

- Protection from bullies
- Verbal interventions
- Defense techniques
- Physical maneuvers
- Emergency notifications

REGISTRATION: THURSDAY, JUNE 1, 2017 from 7:00 – 8:30pm. Registration Fee: \$5

First Class Day: Thursday, June 8, from 7:00-7:45pm. Weekly class Fee: \$7

CLASSES MEET EVERY THURSDAY FOR 10 WEEKS

